

MINUTES: Healthy Carolinians of Macon County – Elder Care and Caregivers Committee

DATE: March 23, 2010

PLACE: Senior Services Building

TIME: 12:00 N – 1:30 PM

ATTENDEES: Rhonda Blanton, Dorothy Crawford, Sean Gibson, Lisa Hilliard, Kathy McGaha, Cindy Miles, Teresa Murray, Derek Roland, Sheila Southard, Kim Watkins and Vince West

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	<p>Sheila Southard welcomed everyone to today’s meeting of the Elder Care and Caregivers Committee. Ms. Southard asked the committee members to review the minutes of the last meeting. Vince West motioned for the approval of the minutes. Lisa Hilliard 2nd the motion, with a unanimous vote for approval.</p>		
Senior Expo and Health Fair	<p>Sean Gibson, General Manager of 1050 WFSC and 96.7 WNCC, updated the committee members on the upcoming Senior Expo and Health Fair. Mr. Gibson said the event is scheduled for Thursday, April 29th, from 10:00 AM – 2:00 PM.</p> <p>Mr. Gibson said the current Senior Expo would be very similar to ones in the past. Mr. Gibson said it would consist of the Main Gym /Booth Area, the Screening Area, radio coverage and door prizes. Mr. Gibson said the entertainment spot would feature a “Patsy Cline” impersonator.</p> <p>Mr. Gibson said they are still partnering with Senior Games and would offer the breakfast for them to start the day off. Mr. Gibson asked the committee members to assist with the screenings and anything else they would be needed to.</p> <p>Mr. Gibson did agree to offer free space for a limited number of non-profits. He stated that the ones receiving this offer in the past had first options on accepting. Kathy McGaha and Vince West agreed to work on contacting the non-profits and reporting on this at the next meeting.</p>	<p>Kathy McGaha and Vince West will contact the non-profits from last year and offer them free booth space.</p>	

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<p>Review of Senior Friendly Presentation</p>	<p>Sheila Southard next reported on the status of the Senior Friendly Presentation. Derek Roland, Cindy Miles and Ms. Southard had met and worked on the presentation that eventually will be presented to the Board of Commissioners.</p> <p>Ms. Southard passed out the presentation titled “<i>A Report on Healthy Aging in Macon County</i>” to the committee members and asked them to review it. Ms. Southard stated that she had already asked Commissioner Ronnie Beale to preview it and make possible suggestions.</p> <p>The following suggestions were made by the committee members:</p> <ul style="list-style-type: none"> • Kathy McGaha suggested adding brief examples or stories to the presentation • Sheila Southard suggested to also list or highlight things accomplished • Derek Roland suggested to show/list costs for “Senior Friendly” <p>The committee members asked Sheila Southard, Cindy Miles and Derek Roland if they would present this presentation to the Macon County Board of Commissioners sometime in the future, once a date is picked. All three agreed to do the presentation.</p>		
<p>Other Items for Discussion</p>	<p>Other Items for Discussion:</p> <ul style="list-style-type: none"> ○ Vince West invited the committee members to attend the opening ceremonies for the Senior Games at 10:00 AM on April 19th at the Picnic Shelter at the Veteran’s Park. ○ Derek Roland reminded the committee members to fill out their census form and mail it back in. Mr. Roland explained that anyone with a post office box would not receive a census form. Mr. Roland stated that if they had not received a 		

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	census form, the forms could be picked up at the following locations: <ol style="list-style-type: none">1. Franklin – Macon County Library2. Franklin – Employment Security Commission3. Highlands – Highlands Rec. Center4. Nantahala – Nantahala Community Library		
Next Meeting Date	The next meeting of the Elder Care and Caregivers Committee will be held on Tuesday, May 11 th , from 12:00 N – 1:30 PM in the conference room at the Senior Services Building.		